Republic of the Philippines Department of Health NATIONAL NUTRITION COUNCIL Region III

RNC of Central Luzon Resolution No. 2, Series of 2014

Adopting the Guidelines on Local Nutrition Planning

WHEREAS, malnutrition is a condition resulting due to lack, or excess or imbalance in one or more of the nutrients;

WHEREAS, based on the national nutrition surveys, the nutrition situation of the Philippines is described as experiencing the double burden of malnutrition;

WHEREAS, undernutrition is largely prevalent among young children and women while overnutrition is also prevalent among adults and increasing among schoolchildren;

- WHEREAS, undernutrition has far-reaching consequences on the child growth and development and the capacity to learn and maximize investments in education and to become economically productive and socially active as future adults;
- WHEREAS, overnutrition has been established to be a risk factor for developing non-communicable diseases;
- WHEREAS, both undernutrition and overnutrition can result to preventable mortality and both can hold back development;
- WHEREAS, there is a need for strategic and purposive action to address this twin nutritional problem; and with devolution, local government units play a pivotal role in reversing the trend in both under and overnutrition and in ensuring good nutrition among the population;

WHEREAS, the formulation of local nutrition action plans and their integration in the local development plan and annual investment plan will help ensure that nutrition action at the local level is strategic and purposive;

NOW THEREFORE, BE IT RESOLVED AS ITS HEREBY RESOLVED, in consideration of the foregoing, we the Regional Nutrition Committee, Regional Nutrition Cluster, Regional *Bantay Asin* Task Force of Central Luzon hereby adopts the National Guidelines on Local Nutrition Planning (please see attachment) as a guide to local nutrition committees in formulating a nutrition action plan that would address nutritional problems in their locality and thus, contribute to a better quality of life of Filipinos.

RESOLVED FURTHER, that we commit our departments or agencies or organizations to advocate and support the use of the Guidelines on Local Nutrition Planning within the scope of our influence to the local nutrition committees in coordination with the NNC Region 3 Secretariat; **RESOLVED FURTHER**, for the National Nutrition Council Region 3 Secretariat to ensure that the Guidelines on Local Nutrition Planning is disseminated as widely as possible to all stakeholders to help local nutrition committees in their strategic and purposive local nutrition planning;

RESOLVED FURTHER, for the Regional Nutrition Committee of Central Luzon to lead the conduct of monitoring to ensure that this resolution is fully implemented.

Approved this _____ day of _____ 2014

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Certified Correct by:

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